Job

Hope and Help when life doesn't make sense. 3/1/22

Job is the oldest book in the Bible and is part of the wisdom literature with a specific slant. It gives us insight when things don't make sense. It is about the most righteous man on the planet who suffers terribly for no known reason. It addresses the problem of unmerited suffering and the righteousness of God. Many argue: How can God be good when bad things happen?

We live in a world plagued by depression and anxiety. Gen Z, our children's generation (1995 to 2010, ages 17 to 32), is the hardest hit. According to the Pew Research Center, some 70% of teens across all genders, races, and family-income levels say that anxiety and depression are significant problems among their peers.

I don't know of one family not affected by mental illness, including depression and anxiety. Let's step into this subject humbly, knowing we have people in our community who have suffered greatly.

4 LESSONS FROM THE BOOK OF JOB.

1.	How Job helps us when we	·?
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It takes away shame, as we realize bad things happen to good people. It's relieving to know we are not always responsible when life goes wrong. Job 1:1, 1:22, 2:10, 27: 3-4

Job honestly laments to God, showing us the proper way to process our emotions.

Job 16:6-17:16

God Sees us and cares, even when we don't feel Him near.

Job 10:12, Job 23: 8 – 12, Psalm 139:3, Psalm 23

There is more to the story than we know - The righteous suffer but not without a reason.

Job gives us a peek behind the curtain.

Job was confused in his suffering, but he kept his faith and integrity. Job 9 & 10, Job 23 & 24

Trust versus Asking Why

A natural response is to wonder why, which eventually leads to a crisis of faith like God is not good or sovereign. These two statements get to the root of the "why" problem. The way to healing is to surrender to His Lordship and trust in God's character despite painful circumstances. Job 19:25

Look Isaiah	•	p Our Eye	es on Jesus.				
2.	How		on God chan	nges things			
Job loright-sof Goo	enged to posized Job d makes or rity, we re	olead his ir , and it wa us submit	to His authorit	od, but whe cessary to s y. When we	en God rev speak. A fi think of th	vealed Him undament ne vastnes	tal understanding
Nothing confusi far bey the talk have it	g and no or ing the issu ond me, ma ing. Let me all firsthand	ne can upset e, second-g ade small tal e ask the que d—from my d	k about wonders	asked, 'Who is oses?' I admit way over my l the answers.' rs! I'm sorry—t	s this muddy it. I was the head. You to I admit I ond forgive me. I	ring the wate one. I babbold me, 'List be lived by re	er, ignorantly bled on about things en, and let me do umors of you; now I
			a ke Job mor etter; He neede	•		ady was.	
		us. It is ab		interested ir	n eternity t	han for us t	to live a comfy life.
		•	God came to lp in times of t		nstrating H	lis love an	nd care for him.
	s compe ders our r		g, loving, and	l ordered.			
God r	esponds	to Job's	suffering not v	with answe	rs but wit	th Himsel	f.
to hav	roved tha e repente	t we want ed would h	aramount to G a relationship ave proved Sa Job 27: 3-6	with God m		vhat He pi	rovides. For Job
•Swee anointi	t friendshi ing oil that	ps refresh t yields the i	frience the soul and awa fragrant incense another, be con	aken our hea of God's pre	esence. Pro	overbs 27:9	

•Anyone who withholds kindness from a friend forsakes the fear of the Almighty. Job 6:14

Job teaches us through the three back and forth discussions with his three friends: Eliphaz, Bildad, Zophar, and to a small extent, Elihu, how to be a refreshing friend and the mistakes we make when we try to judge instead of being humble and offering compassion.

- 1. Meet People Where They Are
- 2. Be careful of Spiritual Arrogance
- 3. Don't Sermonize with Pat Answers
- 4. Be Humble Don't accuse or Criticize
- 5. Offer ourselves like God offers Himself
- 6. Offer Help and Encouragement
- 7. Use God's word as a refreshment, not as a sword.

God Shot: God cares most about our relationship with Him and others.

My Shot: God is the ultimate "spot" to fix our eyes. Remember the Pirouette story.

Job Small Group Questions

- 1. What helps you the most when you are struggling?
- 2. What have you learned about God in your suffering?
- 3. Do you feel like you have a personal relationship with Christ?
- 4. Do you have a refreshing friend? Please describe how this person is refreshing?
- 5. How can you be a more refreshing friend?
- 6. Page 119, What are your thoughts on suffering? Has the book of Job changed your views on it? If so, in what ways?