

Gather Psalms

Blessed is the one
who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,
²but whose delight is in the law of the Lord,
and who meditates on his law day and night.
³That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers. Psalm 1:1-3

I will sing with my spirit and I will sing with my mind. If I don't, my mind will be lifeless and my spirit without truth and substance. Piper

1. Psalms is divided into _____ books.
 - Book I: Psalm 1-41
 - Book II: Psalm 42-72
 - Book III: Psalm 73-89
 - Book IV: Psalm 90-106
 - Book V: Psalm 107-150

2. Psalms sometimes _____ in my mouth, leading me in _____.

Prayer of Repentance:

Who may ascend into the hill of the Lord?
And who may stand in His holy place?
He who has clean hands and a pure heart,
Who has not lifted up his soul to falsehood.
And has not sworn deceitfully.
He shall receive a blessing from the Lord
And righteousness from the god of his salvation. Psalm 24:3-5

Prayer of Fear: Psalm 27

Prayer for Satisfaction: Psalm 63

Prayer of Insecurity: Psalm 139

Small Group Questions

1. Share about a Psalm that has been especially meaningful to you and why?
2. Read Psalm 34 out loud among the group. Share about how the Lord encourages you through this Psalm.
3. Read Psalm 37:1-11 Make a list of all the ways David uses action words toward the Lord and how the Lord responds. He describes how we “inherit the land”.
4. Read Psalm 56 that describes when we are afraid. What strikes you about the posture of the Psalmist as he puts his trust in God?