

The Power of God's Personal Promises
Matthew 6:33 — Order, Priority, and Fun
Session One | January 13, 2026

Study Overview

10-week study on God's great and precious promises—reminding us who He is, how deeply He cares for us, and the purpose He has for our lives.

Registration / Housekeeping

Please register for the study. The cost is \$50 (check or Venmo).

Venmo: **@Susan-Kim-70** | Checks payable to **Susan Kim-Chow**. We also appreciate help with refreshments. If you're new, feel free to check it out—no need to register or pay yet.

Why God's Promises Matter

God's promises equip us for life, renew our minds, and invite us into the life God intended—full of meaning, direction, and freedom. God's promises free us up to live with more love, peace, and joy.

God's Promises Equip Us

God's promises don't always change our circumstances—but they transform us. They give us what we need to face what's in front of us with peace and confidence. When we remember that God is with us, worry loosens its grip and is replaced by trust.

God's Promises Renew Our Minds — Neuroplasticity

The brain is designed to change, adapt, and form new connections through experience, learning, and repeated thoughts and focus—a process called neuroplasticity. Science helps us understand the systems God designed. When we consistently return to God's promises—especially in moments of stress—we strengthen patterns associated with calm, meaning, and emotional regulation, while reducing fear-based responses. Over time, truth doesn't just encourage us spiritually; it reshapes how our minds respond to life and expands our thinking. *“Do not conform to the pattern of this world, but be transformed by the renewing of your mind.”* Romans 12:2

God's Promises Help us to Live with Purpose, Meaning, and Freedom

When we live anchored in God's promises, we are freed from fear, distraction, and the pressure to control outcomes. We can live more fully as God designed us—focused on what truly matters, aligned with His priorities, and confident in His care.

Vicki will share what God's promises mean to her.

Matthew 6:33 — Order and Priority

“Seek first the kingdom of God and His righteousness, and all these things will be added to you.”

Original Meaning in its Linguistic and Cultural Framework

(Written in Greek also carries Hebrew thinking)

“Seek” (ζητεῖτε – zēteite)

An ongoing command means to continually orient your life toward God. Seeking is relational—

attention, trust, obedience, and closeness. What we repeatedly seek becomes what organizes our inner world.

“First” (πρῶτον – prōton)

First in priority, not sequence. Jesus is not saying to do spiritual things before real life, but to let God be the organizing center of real life.

“Kingdom” (βασιλεία – basileia)

Not a place but God’s reign—His authority and way of ordering life. God’s kingdom is where His values guide decisions, and His presence brings peace here and now.

“Righteousness” (δικαιοσύνη – dikaiosynē)

Not moral perfection but alignment—living in right relationship with God, others, and self. A life that fits God’s loving ways leads to integrity, wholeness, and peace.

“All these things” (ταῦτα πάντα – tauta panta)

Refers to everyday needs like provision and security. Jesus is not dismissing our needs; He is relocating our worry.

“Will be added” (προστεθήσεται – prostethēsetai)

A passive verb—provision is given, not achieved. Needs are met as a byproduct of trust, not something we chase.

Why This Matters for Everyday Living (This is not a pressure verse; it is a relief verse.)

- Brings clarity and focus
- Creates peace and reduces anxiety
- Encourages growth and wholeness
- Replaces fear with trust and faith
- Focuses our Energy
- Frees us from striving and mental overload
- When life is ordered JOY has more room to grow.

Small Group Discussion

1. Order vs. Chaos

Where do you feel the most mental or emotional chaos right now?

How might God’s order bring clarity or peace into that area?

2. Seeking First (Matthew 6:33)

What does it look like for you to seek God first in this season?

What most often competes for that place?

3. Joy vs. Worry

Is there a promise of God that helps you worry less and enjoy life more? Or, how has peace—or the absence of worry—made room for more joy or fun in your life?

4. God’s Promises and the Mind (Choose One)

How have God’s promises shaped the way you think or respond in challenging moments?

What does it look like, practically, for God’s promises to renew your mind? When you’re anxious or uncertain, what helps you pause, breathe, or regain perspective?